



- An enjoyable, but educational activity that teaches about the forest while touching and felling trees in the woods of Iidaka, home to century-old trees
- Participants choose a tree, then chop it down
- Take home some original chopsticks and a chopstick rest made of local lumber

Surrounded by beautiful forest, the town of Iidaka is known as one of the top producers of cedar and cypress in the country. This program offers participants the chance to walk among the century-old trees in the forest of Iidaka with Okinaka Zourin, one of the top reforestation companies in Japan. Okinaka Zourin will show participants how to select a tree, then chop it down on their own in this activity. Before cutting a tree down, a Shinto prayer of thanks will be offered as part of a unique Japanese cultural experience. After felling the tree, participants will enjoy a coffee break in the woods and then make a pair of chopsticks and a chopstick rest using local lumber. This out of the ordinary activity offers the chance to experience the forest with all five senses, learn about the important role forests play, and understand how to achieve a sustainable society. It is a valuable experience that grants participants a new perspective on modern living.



