



An Authentic Ninja Experience on the Site of a Mountain Castle
/Ubusuna



- Learn traditional ninjutsu techniques endorsed by the Japan Ninja Council.
- Experience authentic ninja training at the site of an actual mountain castle.
- Participants that complete the program receive an Introductory Course Completion Certificate.
- Lunch is made with healthy ingredients that are produced locally for local consumption.

Long ago, many mountain castles were built in Iga, where the ninja were valued for their ability to move swiftly when fighting in mountainous terrain. This program offers participants an authentic ninja experience to learn ninjutsu at the site of a mountain castle, just like the ninja of old. The introductory course teaches breathing techniques, mystic hand signs, and fundamental walking techniques based on Iga ninjutsu at an indoor dojo. After lunch, participants will try swinging a sword in the forest, using a grappling hook, concealment techniques, and more while walking through the site of a mountain castle which records say was used for actual ninja training. This program is designed by the Japan Ninja Council, and is part of a rare domestic workshop that offers continuous advancement based on a systematic curriculum.



◀ For More Info

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