Dive with Ama Divers to capture "Gangaze" and protect the beauty of Ago bay /Shima City Tourism Association



Dive with marine expert ama at Ago Bay in Ise-Shima National Park.
Catch gangaze, which taste very similar to common sea urchin, with ama to help protect the marine environment of Ise-Shima.

Ama are female freedivers that have carried on this traditional method of fishing for over 2,000 years. Ise-Shima is home to the most ama in the country, and it has developed a rich culture that has lasted from ancient times until today. Why not join Ise-Shima divers and swim down to catch some sea urchins using this time-honored method?

This activity offers participants the chance to learn about the history of the divers, their lives, and how they coexist with the ocean from actual ama, while contributing to protecting the abundant marine environment by harvesting some gangaze sea urchin, whose excessive numbers are a local problem. After catching the sea urchin, participants can enjoy this delicacy as part of a seafood bowl that they'll make themselves.





■For More Info

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